



THERAPEUTIC RIDING LESSONS

Fall 2023: SESSION I

SUNDAY - 5 lessons
(8/20, 8/27, 9/10, 9/17, 9/24)

1 PM - 2 PM
2 PM - 3 PM
3 PM - 4 PM

MONDAY - 5 lessons
(8/21, 8/28, 9/11, 9/18, 9/25)

2 PM - 3 PM
3 PM - 4 PM
4 PM - 5 PM

WEDNESDAY - 6 lessons
(8/23, 8/30, 9/6, 9/13, 9/20, 9/27)

2 PM - 3 PM
3 PM - 4 PM
4 PM - 5 PM

THURSDAY - 6 lessons
(8/24, 8/31, 9/7, 9/14, 9/21, 9/28)

3 PM - 4 PM
4 PM - 5 PM

SATURDAY - 5 lessons
(8/26, 9/9, 9/16, 9/23, 9/30)

10 AM - 11 AM
11 AM - 12 PM
12 PM - 1 PM

Equine-Assisted Therapy incorporates equine activities and/or the equine environment. For individuals with challenges, the unique relationship formed with the horse can lead to increased confidence, patience and self-esteem. Equine-Assisted Therapy will occur in classes during school hours.

Therapeutic Riding involves mounted activities including traditional riding disciplines or adaptive riding activities conducted by an experienced therapeutic riding instructor. North Florida School of Special Education is a member of PATH Intl. and is seeking certification.

Therapeutic Riding for individuals of all abilities, (students and siblings are welcome):

Rider Registration can be found online at myschoolbucks.com

Price for NFSSE Families:

6-week session = \$200

5-week session = \$167

Each lesson is one hour.

Price for Community Riders:

6-week session = \$260

5-week session = \$217

Each lesson is one hour.

*Use FES-UA Funds to participate!

For more information, rider and volunteer registration forms, and how we are implementing barn safety, visit northfloridaschool.org/equestrian-center

For questions or more information,
Leigh Belmont
lbelmont@northfloridaschool.org
904.724.8323 ext. 1110

NorthFloridaSchool
Of Special Education

Enhance. Empower. Enlighten.